



# Senior Pet History Worksheet

As our companions enter the “Golden Years”, subtle differences in behavior or patterns can be indicative of age related conditions. Please complete the history sheet below to help the Doctor determine if any area in particular may need attention, or if minor adjustments to lifestyle may be recommended.

**Please answer the following questions to the best of your ability regarding your companion. Keep in mind, you know him/her better than anyone and many time subtle differences can be important:**

	Y E S ✓	N O ✓	
<b>Water Consumption:</b>			COMMENTS
Increased?			
Decreased?			

<b>Food Consumption:</b>			
Increased ?			
Decreased?			
Trouble Chewing Hard Food?			
Lack of interest in diet?			
Only likes canned food now?			
Appears to have gained weight?			
Appears to have lost weight?			

<b>Eliminations:</b>			
Increased Urination?			
Decreased Urination?			
Straining to defecate?			
Consistent loose stool?			
Blood in stool?			
Suddenly defecating indoors?			

<b>Ups and Downs:</b>			
Slow to stand when sitting/laying?			
Seems “stiff” in the mornings/anytime?			
Stiffness in a particular area?			
Struggles to sit/lay?			
Discomfort when attempting to sit/lay?			
Needs help getting up?			
Unable to jump on furniture?			
Struggles with stairs?			

<b>Behavior:</b>			
Appears lost or confused?			
Bumps into things?			
Less responsive to commands?			
Increased sleeping?			
Decreased interaction with family?			
Trouble tolerating exercise?			

<b>Breathing:</b>			
Coughing: Any pattern if yes?			
Sneezing: Any pattern if yes?			
Increased effort to breath?			
Increased panting?			
Open mouth breathing consistently?			
Ever fainted/passed out?			